Indicate times \& durations of practice sessions in the fields marked Time (e.g., 8-9 a.m.); in the box beneath, summarize accomplishments. See Part I of The Musician's Way for guidelines to schedule, organize and optimize practice sessions

Name:
Week of $\qquad$

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Time: |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Time: |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Time: |  |  |  |  |  |  |
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